



Volume 2 Issue 7



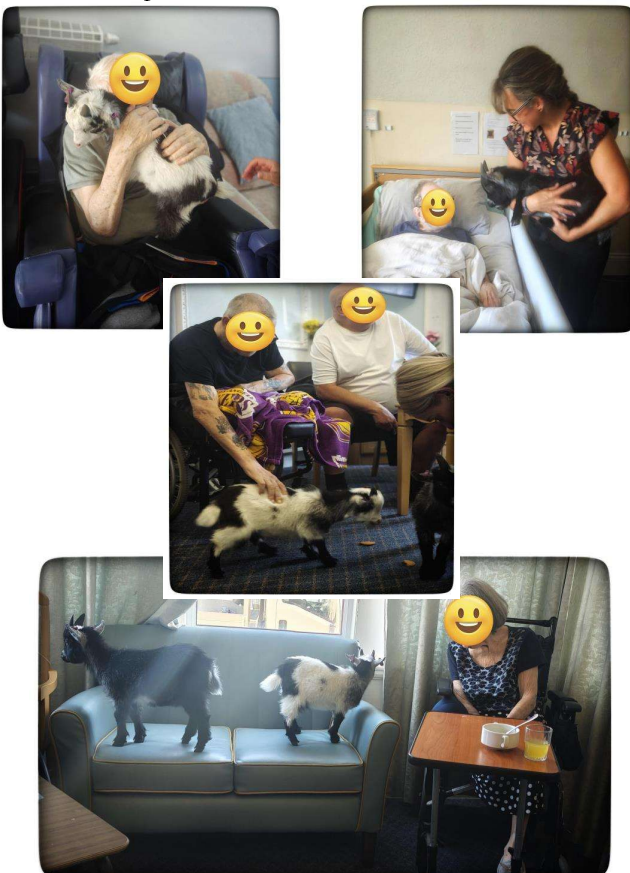
## Welcome

Dear Relative,

As the crisp November air reminds us of the changing seasons, we bring you the 7th issue of the second Volume of Regency Nursing Home newsletters. This month, as we approach the season of gratitude, we're especially thankful for the trust you place in us to care for your loved ones.

### Entertainment and Activities

In October we were still trying to make good use of some of the good weather but also enjoying some indoor activities. Ems Friendly Farm visit photos, are self-explanatory!



### Entertainment and Activities

The MacMillan Coffee morning was full of sweet treats, and it is always rewarding to be able to contribute to such an amazing cause.



Visosport is always an engaging exercise!



## Home and Staff News

This month we want to share with you a few additions to our team.

Please join us in welcoming Sean...but please do call him Chalkie! Chalkie is our Maintenance Person and joined the Regency Nursing Home team at the end of October.

We also welcome Hannah as a new housekeeper. Hannah is joining us on a part time basis, so will only be attending a few days.

We can also inform that on the 10th of November, we will have Hayley join us, as our new Activities Coordinator. Hayley is quite experienced in the role and we are eager for you to meet her. Please do discuss with Hayley any ideas or requests around activities for your loved one.

Lastly, you may have seen that one of the neighbours is having some work done on the building.

We have been informed that at some point they may need to access our garden to carry out some work on the wall. We have already risk assessed this and are informed it should be only for a day or two.

We will be informed prior to their attendance and will ensure you are informed, as part of the risk assessment will involve temporary restrictions in using the garden.

## For next month

In November we continue with our regular activities schedule. The monthly schedule can be found by the front door, as well as in the communal area, on the activities board.

Hayley will be getting to know all our service users and soon will be working on enhancing the activities offered at Regency.

We have the Grammar School students start to attend this month and will be visiting monthly to provide intergenerational interaction to your loved ones.

This month we also have the Chaplains from CofE attending on the 12th of November. We ask that you please share with Hayley if you would like more support from the Chaplains for your loved one, as they have kindly offered their services for anyone that may wish some spiritual support.

Visosport is attending on the 14th of November, so please feel free to join us, as it is always quite entertaining.

As usual, if you do have any ideas or suggestions, please do let us know as we are always wanting to improve the support and care provided to your loved one.

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys are sent out on a six-monthly basis. These are essential in obtaining your feedback and understanding what we can improve within the Home, from a family member's perspective.

We thank all that have responded to the surveys, as this will continue to support us in providing the best care and support to your loved one.

## Our Mission

*Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment*

## Activity Schedule

Our activity schedule includes the following regular activities:

Monday – planned activity as per monthly schedule

Tuesday – Meditation with Jung in the morning

Tuesday – Quiz with Mandy in the afternoon

Wednesday – Fitness Class with Ross in the afternoon

Thursday – planned activity as per monthly schedule

Friday – Bingo with our staff

Our Friendly Pets visits continue to occur at least once a month.

We have Visosport attending once monthly.

We continue with the regular visits by the hairdresser/barber and podiatrist.

The HIVE volunteers continue to attend, with visits occurring on different days, as informed on a monthly basis by the team.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.