



Volume 2 Issue 10



Welcome

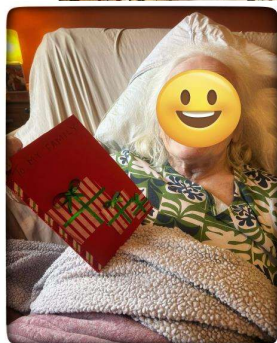
Dear Relative,

Welcome to our first newsletter of 2026 — a fresh start filled with hope, connection, and new opportunities. As we step into January, we're embracing the spirit of renewal and taking time to reflect on the moments that brought joy, comfort, and companionship to our community over the past year. January can be a quieter, more reflective time, and our team is focused on creating warm, engaging experiences that brighten the winter season.

Entertainment and Activities

December was all about Christmas! We had some lovely activities organized within the Home.

Decorating biscuits...



Making Christmas cards...



And making a Gingerbread House!

Entertainment and Activities

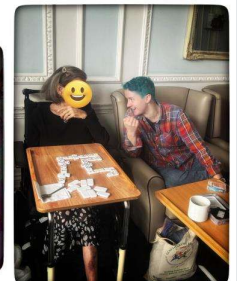
We also had the usual visits by Visosport and



Secondary school pupils

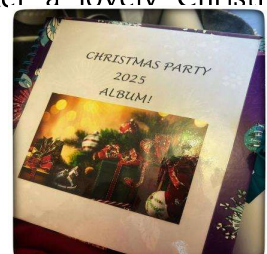


And the HIVE volunteers!



Hayley has put together a lovely Christmas 2025 album.

Please do ask to see it when you visit the Home!



Home and Staff News

This month we would like to ask you to join us in welcoming Maria Lasquite to our Carer Plus team. Maria is an experienced senior carer that has worked in this role for almost 20 years. We are certain that her experience will further enhance that of our team at Regency Nursing Home.

In regard to the work that is to occur this month, we unfortunately cannot give you an update yet, as we are still awaiting confirmation by the neighbour. Please be reassured that we will let you know via email as soon as any news are obtained about this.

We shall remind you that this is referring to some work being done to the dividing wall with neighbour in 15 St Helen Parade, and that we have a risk assessment in place which will require limited access to the garden while the work is occurring.

For next month

For January we are hoping to brave the cold and visit the Portsmouth Natural History Museum, as this was a request by one of our service users.

We are also going to celebrate Burns Night, on the 25th of January, to honour the renowned poet Robert Burns. This is a Scottish tradition and will hopefully bring some homely memories to anyone with links to this lovely country.

Our Activities Coordinator Hayley will be placing a weekly schedule on the Activity Board, to inform of what will be happening ahead.

Finally, we would like to invite you to our **yearly provider meeting**. This will happen on the 20th of January at 11am, at Regency Nursing Home. The Directors of R&D Care Ltd shall be attending.

We would appreciate that you bring forth any questions, issues or suggestions.

Kindly confirm if attending. This can be done by emailing office@regencynh.co.uk. You are welcome to email any questions, issues, or suggestions prior, if this is a preference.

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys are sent out on a six-monthly basis. These are essential in obtaining your feedback and understanding what we can improve within the Home, from a family member's perspective.

We thank all that have responded to the surveys, as this will continue to support us in providing the best care and support to your loved one.

Our Mission

Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment

Activity Schedule

Our activity schedule includes the following regular activities:

Monday – planned activity as per monthly schedule

Tuesday – Quiz with Mandy in the afternoon

Wednesday – Fitness Class with Ross in the afternoon

Thursday – planned activity as per monthly schedule

Friday – Bingo with our staff

We have Visosport attending once monthly.

We continue with the regular visits by the hairdresser/barber and podiatrist.

The HIVE volunteers continue to attend, with visits occurring on different days, as informed on a monthly basis by the team.

Please refer to the weekly Activity Schedule we have on display at the Home, for any updates.